

A CAREGIVER'S GUIDE TO SUPPORTING LOVED ONES WITH RETINAL DISEASES

Caregiving is complex—it involves love, strength, and exhaustion. As a vital part of your loved one's eye care, this guide provides conversation starters with a care team to help you confidently support them on their journey with vision challenges.



Monitoring & Tracking Changes

- ▶ What are specific warning signs I need to watch out for?
- ▶ What is the most effective way to track symptom changes that will help the provider during visits?
- ▶ What daily habits should I pay close attention to?



Advocating for Their Health

- ▶ What's the best way to coordinate multi-specialist care?
- ▶ What specific changes or health updates should I bring to every appointment?
- ▶ What is the best way to motivate a loved one to adhere to their treatment plan?



Nurturing Their Emotional Health

- ▶ Are there specific visual or tech-based tools that can assist with everyday tasks?
- ▶ How can I empower my loved one while still offering them the support they need?
- ▶ Are there counseling or support groups for people who care for or have vision changes?

INDICATIONS AND IMPORTANT SAFETY INFORMATION

What is VABYSMO?

VABYSMO® is a prescription medicine given by injection into the eye used to treat adults with neovascular (wet) age-related macular degeneration (AMD), diabetic macular edema (DME), and macular edema following retinal vein occlusion (RVO).

Do not receive VABYSMO if you:

- Have an infection in or around your eye.
- Have active swelling around your eye that may include pain and redness.
- Are allergic to VABYSMO or any of the ingredients in VABYSMO.

What is the most important information I should know about VABYSMO?

- Injections like the one for VABYSMO can cause an eye infection (endophthalmitis), separation of layers of the retina (retinal detachment), or inflammation in the eye that can lead to vision loss. Call your healthcare provider right away if your eye becomes red, sensitive to light, or you have a change or loss of vision.
- VABYSMO may cause a temporary increase in pressure in the eye (intraocular pressure), which occurs within 60 minutes after receiving the eye injection.
- Although not common, VABYSMO patients have had serious, sometimes fatal, problems related to blood clots, such as heart attacks or strokes (thromboembolic events). In clinical studies for wet AMD during the first year, 7 out of 664 patients treated with VABYSMO reported such an event. In clinical studies for DME from baseline to week 100, 64 out of 1,262 patients treated with VABYSMO reported such an event. In clinical studies for RVO during 6 months, 7 out of 641 patients treated with VABYSMO reported such an event.
- Severe inflammation of vessels in the retina has happened for patients treated with VABYSMO. Call your healthcare provider immediately if you experience a change in vision.

Before receiving VABYSMO, tell your healthcare provider about all of your medical conditions, including if you:

- Are pregnant or plan to become pregnant. Based on how VABYSMO interacts with your body, there may be a potential risk to your unborn baby. You should use birth control before your first injection, during your treatment with VABYSMO, and for 3 months after your last dose of VABYSMO.
- Are breastfeeding or plan to breastfeed. It is not known if VABYSMO passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you receive VABYSMO.
- Are taking any medications, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Tell your healthcare provider about all the medicines you take.

What should I avoid while receiving VABYSMO?

- Your vision may be impaired after receiving an eye injection or after an eye exam. Do not drive or use machinery until your vision has recovered sufficiently.

What are the most common side effects with VABYSMO?

- The most common side effects with VABYSMO were cataract and blood on the white of the eye (conjunctival hemorrhage).
- These are not all the possible side effects of VABYSMO.

Call your healthcare provider for medical advice about side effects.

You may report side effects to the FDA at **1-800-FDA-1088**. You may also report side effects to Genentech at **1-888-835-2555**.

Please see the VABYSMO full [Prescribing Information](#) for additional Important Safety Information.

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